

SWIM LESSON REGISTRATION FORM 2021

Lisa Clark, American Red Cross WSI 228-305-0312

Private and Group available. Learn to Swim class descriptions found on the back.

SESSION DATES

SESSION I May 31- June 11
SESSION II June 14 - June 25
SESSION III June 28 - July 9
SESSION IV July 12 - July 23

LEVEL TIMES FOR ALL SESSIONS

Level 1 - 9:00-9:45
Level 2 - 10:00 - 10:45
Level 3 - 11:00 - 11:45
Level 4 - 12:00 - 12:45

The above classes are **Monday, Wednesday, and Friday** for 2 week sessions.

Fee per 2 week session - \$120.00

Parent and Child Aquatics - 9:00-9:45

Preschool Aquatics

Level 1 - 10:00-10:45
Level 2 - 11:00-11:45
Level 3 - 12:00-12:45

The above classes are **Tuesday and Thursday**.

Fee per session 2 week session - \$90.00

Monday, Wednesday, Thursday and Friday classes held at North Rec. pool.
Due to pool maintenance, Tuesday class at Holiday Village pool.

Parent Name _____

Phone# _____ Work# _____

Participant Name _____ Session _____ Age _____ Level _____ Fee _____

TOTAL FEE IS REQUIRED WITH REGISTRATION. TOTAL \$ _____

NO REFUNDS WITHOUT ONE WEEK PRIOR NOTICE. Checks payable to Lisa Clark.
Return the registration form and check to Recreation Office at East Rec. or mail to
Lisa Clark, 964 Kini Place, Diamondhead, MS, 39525.

I, the parent/legal guardian of the above named youth(s), give approval for participation in the above requested sessions. I assume all risks of injury whatsoever and agree to hold harmless Lisa Clark, Diamondhead Country Club and POA or any representatives from claim(s) of any nature arising from any activity, including transportation connected with Diamondhead Country Club and POA associates or programs. I consent to Lisa Clark and Diamondhead Country Club & POA communicating information regarding my child's participation via the internet.
SIGN _____

American Red Cross Levels

Parent and Child Aquatics

Developed for children 6 months to 3 years. Parents and children participate in guided practice sessions that help kids learn elementary swimming skills, including water safety, bubble blowing, front kicking, back floating, underwater exploration and more.

Preschool Aquatics Level I

RECOMMENDED AGE 4-5 YEARS OLD

Class helps children become more comfortable in the water and basic water safety.

Preschool Aquatics Level II

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level I skills and introduces fundamental skills such as kicking and floating.

Preschool Aquatics Level III

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level II skills and focuses on coordinating arm and leg movements.

Level I: Introduction to Water Safety

Recommended age 6 and up. Same skills as preschool aquatics

Level II: Fundamental Aquatic Skills

Same as Preschool Aquatics without support from instructor

Level III: Stroke Development

Skills include Survival Float, Front crawl, Elementary backstroke

Level IV: Stroke Improvement

Skills include Sidestroke, Back crawl, Breaststroke, Butterfly