

# SWIM LESSON REGISTRATION FORM 2019

LESSONS BY LISA CLARK, AMERICAN RED CROSS WATER SAFETY INSTRUCTOR  
**PRIVATE LESSONS AVAILABLE Call 228-305-0312 FOR INFORMATION**

**SESSION DATES**  
 SESSION I    MAY 27 – JUNE 7  
 SESSION II    JUNE 10 – JUNE 21  
 SESSION III    JUNE 24 – JULY 5  
 SESSION IV    JULY 8 – JULY 19

**LEVELS**  
 Level 1 – 9:00-9:45  
 Level 2 - 10:00-10:45  
 Level 3 11:00-11:45  
 Level 4 –12:00- 12:45

**Classes are Monday, Wednesday, and Friday**

All classes are \$100.00 per 2 week session  
 Rain date schedule will be announced

***CLASSES LISTED BELOW ARE HELD ON TUESDAY & THURSDAY ONLY AND ARE AVAILABLE ALL SESSIONS***

**These classes are \$70.00 per 2 week session**

Parent and Child Aquatics 9:00-9:45	and      Preschool Aquatics
	Level I 10:00-10:45
	Level II 11:00-11:45
	Level III 12:00-12:45

**Classes will be held at the North Rec. Swimming Pool**

**Tuesday classes will be held at the Diamondhead Holiday Village Swimming Pool**

PARENT NAME: \_\_\_\_\_

PHONE# \_\_\_\_\_ WORK # \_\_\_\_\_

PARTICIPANT NAME	SESSION	AGE	LEVEL	FEE
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
				<b>TOTAL \$ _____</b>

**TOTAL FEE IS REQUIRED WITH REGISTRATION.**

*NO REFUNDS WITHOUT ONE WEEK PRIOR NOTICE*

**Checks should be made payable to: Lisa Clark**

I, the parent/legal guardian of the above named youth(s), give approval for participation in the above requested sessions. I assume all risks of injury whatsoever and agree to hold harmless Lisa Clark, Diamondhead Country Club and POA or any representatives from claim(s) of any nature arising from any activity, including transportation connected with Diamondhead Country Club and POA associates or programs. I consent to Lisa Clark and Diamondhead Country Club & POA communicating information regarding my child's participation via the internet.

**RETURN REGISTRATION FORM & CHECK TO DIAMONDHEAD POA OFFICE**

x \_\_\_\_\_

## **American Red Cross Levels**

### **Parent and Child Aquatics**

Developed for children 6 months to 3 years. Parents and children participate in guided practice sessions that help kids learn elementary swimming skills, including water safety, bubble blowing, front kicking, back floating, underwater exploration and more.

### **Preschool Aquatics Level I**

RECOMMENDED AGE 4-5 YEARS OLD

Class helps children become more comfortable in the water and basic water safety.

### **Preschool Aquatics Level II**

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level I skills and introduces fundamental skills such as kicking and floating.

### **Preschool Aquatics Level III**

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level II skills and focuses on coordinating arm and leg movements.

### **Level I: Introduction to Water Safety**

Recommended age 6 and up. Same skills as preschool aquatics

### **Level II: Fundamental Aquatic Skills**

Same as Preschool Aquatics without support from instructor

### **Level III: Stroke Development**

Skills include Survival Float, Front crawl, Elementary backstroke

### **Level IV: Stroke Improvement**

Skills include Sidestroke, Back crawl, Breaststroke, Butterfly