

SWIM LESSON REGISTRATION FORM 2017

LESSONS BY LISA CLARK, AMERICAN RED CROSS WATER SAFETY INSTRUCTOR
PRIVATE LESSONS AVAILABLE Call 228-305-0312 FOR INFORMATION

SESSION DATES
SESSION I MAY 29 – JUNE 9
SESSION II JUNE 12 – JUNE 23
SESSION III JUNE 26 – JULY 7
SESSION IV JULY 10– JULY 21

LEVELS
Level 1 – 9:00-9:45
Level 2 - 10:00-10:45
Level 3 – 11:00-11:45
Level 4 – 12:00- 12:45

Classes are Monday, Wednesday, and Friday

**All classes are \$70.00 per 2 week session
Rain date schedule will be announced**

CLASSES LISTED BELOW ARE HELD ON TUESDAY & THURSDAY ONLY AND ARE AVAILABLE ALL SESSIONS

These classes are \$50.00 per 2 week session

Parent and Child Aquatics 9:00-9:45 and Preschool Aquatics
Level I 10:00-10:45
Level II 11:00-11:45
Level III 12:00-12:45

Classes will be held at the North Rec. Swimming Pool

Tuesday classes will be held at the Diamondhead Holiday Village Swimming Pool

PARENT NAME: _____

PHONE# _____ WORK # _____

PARTICIPANT NAME	SESSION	AGE	LEVEL	FEE
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
				TOTAL \$ _____

TOTAL FEE IS REQUIRED WITH REGISTRATION.

NO REFUNDS WITHOUT ONE WEEK PRIOR NOTICE

Checks should be made payable to: Lisa Clark

I, the parent/legal guardian of the above named youth(s), give approval for participation in the above requested sessions. I assume all risks of injury whatsoever and agree to hold harmless Lisa Clark, Diamondhead Country Club and POA or any representatives from claim(s) of any nature arising from any activity, including transportation connected with Diamondhead Country Club and POA associates or programs. I consent to Lisa Clark and Diamondhead Country Club & POA communicating information regarding my child's participation via the internet.

RETURN REGISTRATION FORM & CHECK TO DIAMONDHEAD POA OFFICE

American Red Cross Levels

Parent and Child Aquatics

Developed for children 6 months to 3 years. Parents and children participate in guided practice sessions that help kids learn elementary swimming skills, including water safety, bubble blowing, front kicking, back floating, underwater exploration and more.

Preschool Aquatics Level I

RECOMMENDED AGE 4-5 YEARS OLD

Class helps children become more comfortable in the water and basic water safety.

Preschool Aquatics Level II

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level I skills and introduces fundamental skills such as kicking and floating.

Preschool Aquatics Level III

RECOMMENDED AGE 4-5 YEARS OLD

Class builds on Level II skills and focuses on coordinating arm and leg movements.

Level I: Introduction to Water Safety

Recommended age 6 and up. Same skills as preschool aquatics

Level II: Fundamental Aquatic Skills

Same as Preschool Aquatics without support from instructor

Level III: Stroke Development

Skills include Survival Float, Front crawl, Elementary backstroke

Level IV: Stroke Improvement

Skills include Sidestroke, Back crawl, Breaststroke, Butterfly